



2017 DEVELOPMENT WORKSHOPS

Netball Queensland will be offering a range of development workshops at the Nissan State Age Championship. The workshops will be free of charge and aim to provide relevant and helpful information covering a range of topics suited to the parents, Association personnel, team coaches, managers and umpires.

Each session will go for about 45 mins and will be repeated at 3 different times on the same day to provide a choice of times to attend.

No pre-registration is required, come along and listen and share.

NISSAN STATE AGE CHAMPIONSHIP: Venue PCYC – across from the PRNA courts

TIMES	Wed 5 July	Thurs 6 July	Fri 7 July
8.00 – 9.00 am	TOPIC: <i>Guide to being a great sporting parent enabling your child to have fun, develop and achieve</i>	TOPIC: <i>Reading the game for umpires & umpire coaches</i>	TOPIC: <i>Performing at your best - How to take yourself to the next level</i>
9.30 – 10.30 am	Presenter – Lee Wilson NQ Participation Manager How you can help and guide your child to assist them to enjoy and flourish in netball.	Presenter – Roselee/ Leigh - tbc Discussions and information aimed at improving the ability to read the game to assist umpiring decision making.	Presenter – Callum Koch NQ Physical Performance Manager Covering the importance of recovery, recommended loading for young players, hydration and nutrition guidelines. How to assist players and umpires to strive to be better.
11.00 – 12 noon			