

CREATE *Convenience*



'Let us take the stress out of the weekend so you can focus on what you came to achieve'

DELICIOUSLY CLEAN *eats* meals and meal packages have been dietitian designed to ensure the netball athletes are fuelled right to give their best on the court.

Our Story

It was a common passion for wellness and exercise that drew twins Emma and Sarah to Meagan; the powerful threesome who make up Deliciously Clean Eats. A conversation in the CrossFit gym would seem like an unlikely place to spark a business idea, but for these three it was where Deliciously Clean Eats was born.

As a busy mum of three, Meagan had been playing around with the idea of creating pre-packaged meals as an extension of her catering business, which she was running as a side hustle at the time. Meanwhile, dietitians, Sarah and Emma were looking for ways to steer away from the clinical route and instead weave their nutrition and health expertise into a more purposeful outlet like the food services industry.

So when the conversation started flowing – somewhere between burpees and Olympic weight lifting – it didn't take long for them to come up with the idea of creating convenient, dietitian-led pre-packaged food delivery service that would cater for those wanting a handy and healthy eating solution on the go.

Operating from its commercial kitchen on the Sunshine Coast, Deliciously Clean Eats is now one of the most iconic pre-packaged fresh food delivery providers in South East Queensland, catering to busy executives, everyday families, students, elderly plus major sporting and corporate events throughout the region.

