

## NETBALL QUEENSLAND COACHING PHILOSOPHY

To create resilient and competent players who are motivated to enjoy their participation in the sport and empowered to positively influence their own development.

# NETBALL QUEENSLAND EXPECTED COMMUNITY COACH BEHAVIOURS

### NETBALL AUSTRALIA COACH VALUES



#### **Continuous Improvement**

Coaches are encouraged to be resourceful and engaged in their own learning and seek opportunities to build on their coaching knowledge and skills.



#### **Inspirational Leadership**

Coaches are leaders and are looked up to by their players. Coaches are encouraged to embrace this leadership position and inspire their players to do great things.



### **Develop People**

Through their roles, coaches have the opportunity to develop important life skills with their players. Coaches have a responsibility to demonstrate respect, tolerance, leadership, empathy, encouragement, sportsmanship and other important values that develop good people as well as good players.



#### **Custodians of the Game**

A coach has the responsibility of developing players who show respect for the game, their opponents, umpires, officials and supporters.

Coach Blueprint - Netball Australia



Coaches will lead by example and consistently display the values and behaviours that are expected of their athletes as per Netball Queensland's Code of Conduct & Integrity and any other applicable policies.



Coaches will prioritise the health and wellbeing of athletes above all else.



Coaches will create and maintain safe spaces for all individuals to participate in netball as per Netball Australia's Member Protection Policy.



Coaches will always be compliant with Netball Australia's Child Safeguarding Policy and stay abreast of child safety best practices.



Coaches will prioritise delivering basic netball concepts and activities that teach foundation skills correctly and succinctly over delivering complicated drills and activities.



Coaches will invest in lifelong learning by engaging with and learning from others, participating in development and education opportunities, and practising self-reflection.



Coaches will foster lifelong love and passion for netball within their athletes, rather than adopting a 'win at all costs' mentality.



Coaches will facilitate personal development opportunities, such as in leadership or communication, for athletes.



Coaches will avoid creating environments where athletes are forced to prioritise netball over other commitments, such as school, family time, and other sports.

# NETBALL QUEENSLAND COMMUNITY COACH SUCCESS METRICS

AT THE PARTICIPATION LEVEL, WE DON'T ALWAYS DEFINE SUCCESS THROUGH WINNING



How many athletes continue to play netball the next year? How many return to the same club/association?

2 Athlete Enjoyment

How many athletes would say they enjoyed their season? How many would rate their trainings and games as a fun activity? How many exit the season with a positive realationship to netball?

3 Athlete Growth

Did your athletes show improvement in their netball skills? Did they improve their fitness levels? Did they grow off the court as well, by becoming better leaders or learning to work in a team better? Have you positively contributed to the development of a successful person, not just a successful athlete?